

The Symptom Burden Questionnaire™ for Long COVID (SBQ™-LC)

A validated questionnaire for understanding the symptoms associated with
Long Covid



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Welcome to the licensing portal for the Symptom Burden Questionnaire™ for Long COVID system (SBQ™-LC).

The SBQ™-LC is a modular patient-reported outcome (PRO) instrument and multi-domain item bank that has been developed rigorously in accordance with international best-practice and regulatory guidance. The SBQ™-LC system measures symptom burden in adults (18+ years) with “post-acute sequelae of COVID-19 (PASC), also known as “post COVID-19 condition” or “Long COVID”.

It is comprised of 17 independent scales covering 16 symptom domains and 1 scale measuring symptom impact on daily life. This flexible design means the SBQ™-LC may be administered in its entirety, or a subset of scales may be selected for targeted measurement.

The SBQ™-LC may be used in research, regulatory submissions, service evaluation, or as part of routine care.

The SBQ™-LC provides coverage of the recommended minimum Core Outcome Set (COS) for Post-COVID-19 Condition or Long COVID that was developed through an international Delphi consensus exercise (Munblit D, Nicholson T, Akrami A, et al. A core outcome set for post-COVID-19 condition in adults for use in clinical practice and research: an international Delphi consensus study. *Lancet Respir Med.* 2022 Jul;10(7):715-724. doi: 10.1016/S2213-2600(22)00169-2)

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Please visit the MAPI e-provide website for the list of available translations. If you would like to translate the SBQ™-LC or request a translation for a language not currently available, please submit a request via the MAPI ePROVIDE website: [Link to MAPI website for translations](#)

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You will require a current, valid license for each language version of the SBQ-LC. Licences for translations may be ordered from this website.

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References

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2. Hughes, S. E., Haroon, S., Subramanian, A., McMullan, C., Aiyegbusi, O. L., Turner, G. M., Jackson, L., Davies, E. H., Frost, C., McNamara, G., Price, G., Matthews, K., Camaradou, J., Ormerod, J., Walker, A., & Calvert, M. J(2022.01) , <https://doi.org/10.1101/2022.01.16.22269146>, MedRxiv