

# The Symptom Burden Questionnaire™ for Long COVID (SBQ™-LC)

A validated questionnaire for understanding the symptoms associated with  
Long Covid



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Welcome to the licensing portal for the Symptom Burden Questionnaire™ for Long COVID system (SBQ™-LC).

The SBQ™-LC is a modular patient-reported outcome (PRO) instrument and multi-domain item bank that has been developed rigorously in accordance with international best-practice and regulatory guidance. The SBQ™-LC system measures symptom burden in adults (18+ years) with “post-acute sequelae of COVID-19 (PASC), also known as “post COVID-19 condition” or “Long COVID”.

It is comprised of 17 independent scales covering 16 symptom domains and 1 scale measuring symptom impact on daily life. This flexible design means the SBQ™-LC may be administered in its entirety, or a subset of scales may be selected for targeted measurement.

The SBQ™-LC may be used in research, regulatory submissions, service evaluation, or as part of routine care.

The SBQ™-LC provides coverage of the recommended minimum Core Outcome Set (COS) for Post-COVID-19 Condition or Long COVID that was developed through an international Delphi consensus exercise (Munblit D, Nicholson T, Akrami A, et al. A core outcome set for post-COVID-19 condition in adults for use in clinical practice and research: an international Delphi consensus study. Lancet Respir Med. 2022 Jul;10(7):715-724. doi: 10.1016/S2213-2600(22)00169-2)

To request information on translations, or if you have questions, please use the contact button below.

## Translations

Translations are provided by our partner [MAPI Research Trust](#).

Please visit the MAPI e-provide website for the list of available translations. If you would like to translate the SBQ™-LC or request a translation for a language not currently available, please submit a request via the MAPI ePROVIDE website: [Link to MAPI website for translations](#)

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**You will require a current, valid license for each language version of the SBQ-LC. Licences for translations may be ordered from this website.**



## References

1. Aiyegbusi OL, Hughes SE, Turner G, Rivera SC, McMullan C, Chandan JS, Haroon S, Price G, Davies EH, Nirantharakumar K, Sapey E, Calvert MJ(2021 Sep) , doi: 10.1177/01410768211032850, J R Soc Med, 114(9), 428-442
2. Hughes, S. E., Haroon, S., Subramanian, A., McMullan, C., Aiyegbusi, O. L., Turner, G. M., Jackson, L., Davies, E. H., Frost, C., McNamara, G., Price, G., Matthews, K., Camaradou, J., Ormerod, J., Walker, A., & Calvert, M. J(2022.01) , <https://doi.org/10.1101/2022.01.16.22269146>, MedRxiv