

POEM - Patient Orientated Eczema Measure

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The Patient Oriented Eczema Measure (POEM) is a simple, validated self-report questionnaire used for monitoring atopic eczema severity. It records seven symptoms shown to be important to patients. It is widely used in paper and electronic form for assessing and tracking eczema activity, both in clinical trials and in normal clinical practice. POEM is recommended by the National Institute for Health and Care Excellence (NICE) for assessing the severity of atopic dermatitis in NHS practice and has been recommended by the international Harmonising Outcome Measures for Eczema ([HOME](#)) group as a core outcome measure for eczema trials and for routine clinical practice.

About using POEM

1. POEM is free to use for non-commercial use, including public healthcare (government-funded), non-commercial research and personal use (please visit <https://www.nottingham.ac.uk/research/groups/cebd/resources/poem.aspx>). You do not need a license to use POEM for research use or to create a translation for research use. If you are using the POEM instrument for non-commercial uses (e.g academic studies or in your clinic, we request that you send us an email with details of how you plan to use the scale (cebd@nottingham.ac.uk). This helps us track impact.
2. Since September 2022, POEM for commercial use (e.g commercial clinical trials) has required a fee. It is downloadable for commercial use exclusively via this website. If you have a query regarding the nature of your usage, then please get in touch. Commercial use of POEM implies that you agree to the Terms and Conditions that will download alongside POEM through this website.
3. Further information about how POEM was developed, translations available (non-commercial uses only) and best practice for its use is available from the Centre for Evidence Based Dermatology (CEBD).

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5. Poem is available commercially on a per patient basis i.e if a clinical trial has 50 enrolled patients, 50 'users' must be purchased, regardless of the number of data collection time points for each participant. When selecting the number of 'users' on the payment page, make this equal to the number of enrolled patients. If more patients enrol after initial purchase, please return and purchase the additional number of patients. If you are purchasing more than 1000 users, you will need to place multiple orders as the largest order is 1000 users.

7. For any scale related queries please contact cebd@nottingham.ac.uk. For queries regarding payment or licensing please contact brian.sze@nottingham.ac.uk.

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